

HKSSH-CUHK Hand and Wrist Cadaveric Workshop 2019

29th March, 2019 (Friday) 8:00am -5:30pm
Orthopaedic Learning Centre, 1/F Li Ka Shing Specialist Clinic,
North Wing, Prince of Wales Hospital

Table instructor: Amit Gupta, Shohei Omokawa, Bo Liu, PT Chan, Emily Yip,
Edmund Yau, Margaret Fok, Michael Mak, Sara Tong, Koo(pm)

Moderator: Angela Ho

Time	Topics	Demonstrator
08:00-08:15	Registration (15 min)	
08:15-08:25	Welcome remarks by Emily Yip (10 min)	
08:25-08:40	Volar Approach to Scaphoid and scaphoid fixation (15 min)	Amit Gupta
08:40-08:55	Vascularized Bone Graft Based on 1-2 ICSRA and Scaphoid fixation (15 Min)	Liu Bo
08:55-10:30	Group Practical for <ul style="list-style-type: none"> • Volar Approach to Scaphoid and scaphoid fixation • Scaphoid Fracture Fixation (Dorsal approach) and Vascularised Bone Graft Based on 1-2 ICSRA 	
10:30-10:45	Tea break (15min)	
10:45-11:00	Ulnar Shortening Osteotomy(15 min)	Michael Mak
11:00-11:15	Darrach Procedure (15 min)	PT Chan
11:15-12:15	Group Practical for <ul style="list-style-type: none"> • Ulnar Shortening Osteotomy • Darrach Procedure 	
12:15-13:15	Photo Taking (in OLC) and Lunch (1hr)	
13:15-13:30	Dorsal approach to wrist (15 min)	Amit Gupta
13:30-13:45	Antipronation Spiral Tenodesis-A Surgical Technique for the Treatment of Perilunate Instability (15 min)	Marc Garcia-Elias
13:45-14:00	SL reconstruction/ dorsal capsulodesis (15 min)	Shohei Omokawa
14:00-15:30	Group Practical for <ul style="list-style-type: none"> • Dorsal approach to wrist • SL tenodesis antirotation spiral tenodesis • SL reconstruction/ dorsal capsulodesis 	
15:30-15:45	Tea break (15min)	
15:45-16:00	CMCJ LRTI (15 min)	Emily Yip
16:00-16:15	Four Corner Fusion (15 min)	Margaret Fok
16:15-16:30	Total Wrist Replacement (15 min Demonstration)	Amit Gupta
16:30-17:30	Group Practical for <ul style="list-style-type: none"> • CMCJ LRTI • Four Corner Fusion • Total Wrist Replacement (optional) • Finger locking plate (optional) 	
17:30-17:45	Certificate Presentation and Closing Remarks	
	End of Program	