



36th HKSSH Post-Congress Workshop

CADAVERIC WORKSHOP ON HAND & WRIST ARTHROSCOPY AND RECONSTRUCTION

Time Table

Date: 24th March, 2024

Time: 1:30-5:30 pm

Venue: Surgical Skills Center (10/F), Laboratory Block, Faculty of Medicine, HKU, 21 Sassoon Road, Pokfulam, HK

	Group 1	Group 2
1:30-1:50	Basic setup and portals for wrist arthroscopy	Scaphoid fixation techniques
	TFCC arthroscopic repair (capsular and foveal)	Proximal phalanx fixation approaches - dorsal, lateral, volar
	1st CMCJ Arthroscopy	Thumb UCL repair and reconstruction
		Finger PIPJ collateral ligament repair
		PIPJ Dynamic Ext Fix (optional)
		Metacarpal fracture IM Screw (optional)
1:50-3:30	Practical session on arthroscopic procedures	Practical session on open procedures
	Group 1 & 2 Swap	
3:30-3:50	Scaphoid fixation techniques	Basic setup and portals for wrist arthroscopy
	Proximal phalanx fixation approaches - dorsal, lateral, volar	TFCC arthroscopic repair (capsular and foveal)
	Thumb UCL repair and reconstruction	1st CMCJ Arthroscopy
	Finger PIPJ collateral ligament repair	
	PIPJ Dynamic Ext Fix (optional)	
	Metacarpal fracture IM Screw (optional)	
3:50-5:30	Practical session on open procedures	Practical session on arthroscopic procedures