



NEWSLETTER

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- Multidisciplinary Symposium on Rheumatological Hand Disorders (with USG and Splint workshops)
- 2025 APFSSH-APFSHT Biennial Congress APWA-ISSH-SHTI Annual Congress (India)
- BSSH Autumn Scientific Meeting 2025 (Birmingham)
- HKSSH-KSSH Ambassadorship 2025

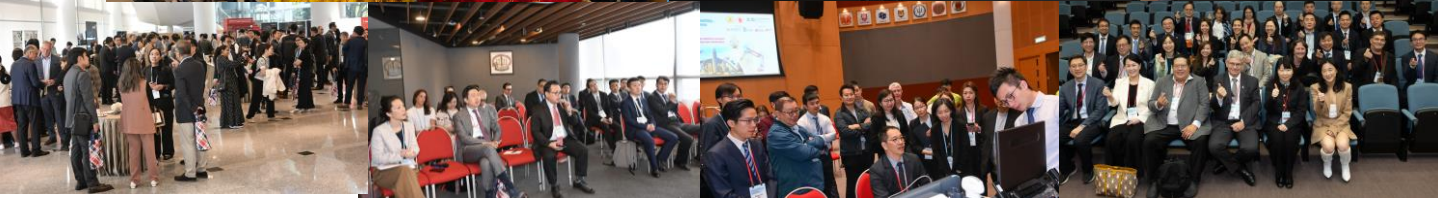
APOA Hand and Upper Limb Society 2nd Meeting & 37th HKSSH Annual Congress

The APOA Hand and Upper Limb Society 2nd Meeting & 37th HKSSH Annual Congress was successfully held on 28 Feb 2025 – 1 Mar 2025 in the Hong Kong Academy of Medicine (HKAM).



We were privileged to have invited Ms Cecilia Yeung Man Wai, an elite high jumper and Hong Kong record holder to deliver a speech during the opening ceremony. She gave an inspiring talk on her athletic career, how she overcame injuries, and how athletes and surgeons resonate that precision is not just a value, it could a dream and a lot more.

The Congress consisted of concurrent sessions covering topics from shoulder, elbow, to the hand and wrist. We were honoured to have invited experts from overseas and Hong Kong to share with us on these fields. It was a fruitful and educational meeting. The Annual General Meeting of the HKSSH took place by the end of the first day of the Congress.





The Congress dinner was held in Neptune’s Restaurant in the Ocean Park. It was preceded with a light show at the fountain outside the restaurant.

We hope all our participants and guests enjoyed the Congress and social events. Participants were able to perform hands-on during the ultrasound workshop, as well as a fulfilling day of cadaveric workshop on carpometacarpal joint arthroplasty, total elbow replacement and reverse shoulder arthroplasty on the Sunday following the Congress. We received an array of positive comments after the Congress and workshop. We look forward to many more educational exchanges in the years to come.

2025 IFSSH-IFSHT Triennial Congress (24-28 Mar 2025, Washington DC)



The 2025 IFSSH-IFSHT Triennial Congress took place at the start of the season of cherry blossom in Washington, USA. The Congress was held in the middle of numerous attractions of Washington, such as the White House, The United States Capitol, the Washington Monument, and a vast number of museums. Professor Hung Leung Kim was awarded the “IFSSH Pioneers of Hand Surgery” in this year’s congress. To be a recognized Pioneer, Professor Hung is a leader in hand surgery and have contributed to the development of Hand Surgery nationally and internationally.



Surgeons and therapists from Hong Kong also participated actively by delivering lectures and free papers in the Congress.



Ambassadors' Report

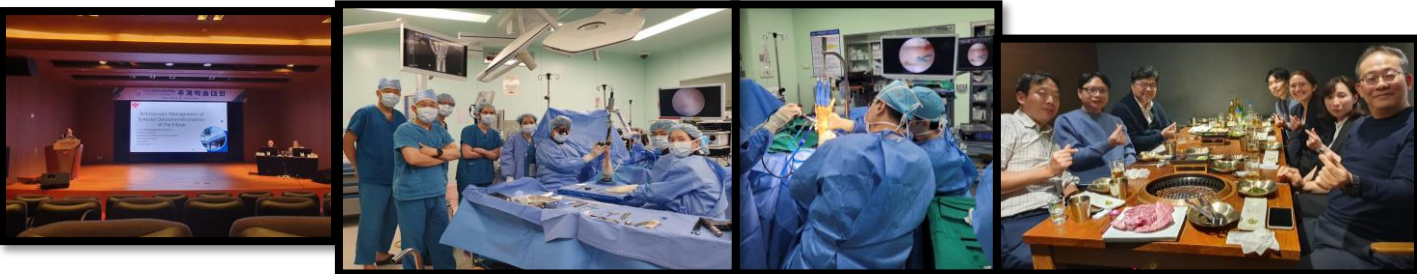
2024 HKSSH-KSSH Ambassadorship - Dr. Amanda Slocum, North District Hospital

It was my honour and privilege to be selected as the ambassador of HKSSH to attend the Korean Society for Surgery of the Hand (KSSH) Annual Congress on 2 November 2024. This was followed by 3 days of hospital visit from 4 November till 6 November 2024.

I started my trip at the KSSH Annual Congress which was held at the CHA BioComplex in Seoul. It was a large event with many international and local speakers present. There were 3 rooms with multiple sessions running concurrently. Most of the sessions were in English. There were some presentations that were in Korean, but the slide presentations in English made them easy to understand. I gave my presentation on the "Arthroscopic Management of Elbow Synovial Osteochondromatosis" in the Travelling Fellows session. There were 2 other travelling fellows with me: Dr. Sayuri Arimitsu from Japan, and Dr. Chuang Min-Yao from Taiwan. We had many discussions about the hand surgery practices from our regions throughout the trip.

On 4 November 2024, we had our first hospital visit at the Eunpyeong St. Mary Hospital with Professor Joo Yeop Lee. It was an interesting time to be in South Korea at that time, in view of the political situation and the medical resident protests that were going on. We got to learn more about it throughout the trip. He had 4 surgeries scheduled that day including one ulnar shortening osteotomy and three TFCC repair cases, in which one patient also required a DIC/DRC ligamentoplasty. We followed him on his morning rounds and watched how he assessed his patients before the operations. We then watched him perform the surgeries. He explained each surgical step and made everything look so simple and elegant. In between surgeries, he also shared with us some of his past cases and power point presentations. He and his team then took us to a Korean BBQ place for dinner.

The next day, we went to Korea University Anam Hospital, under the guidance of Professor Jong Woong Park. He had 6 surgeries scheduled that day including: an endoscopic carpal tunnel release, an ulnar collateral ligament reconstruction, two TFCC repairs, an ulnar shortening osteotomy and a case of PIN syndrome with hourglass constrictions of the posterior interosseous nerve. All his surgeries were done very quickly and efficiently. The PIN syndrome was a very interesting case to me as it was my first time seeing such a condition. After the surgeries, we went to a seminar room and listened to some of his presentations regarding his technique of TFCC repair and his rationale behind performing his surgeries in that way. We then had dinner at a French restaurant with him and his team.



On 6 November 2024, I visited Gwangmyeong Sungae Hospital on my own, as the other 2 traveling fellows had their flights home scheduled that day. The hospital is famous for having the highest caseload of replantations in South Korea, due to the abundance of factories around the hospital. Dr. Roh Si Young and his team, including Dr. Dong Chul Lee and Dr. Jin Soo Kim, are very experienced and renowned hand/plastic surgeons. Professor Jun Ku Lee, the KSSH secretary general, also joined me for the hospital visit on that day. I got to watch Dr. Roh perform 2 cases of revascularization for Tamai Zone II digital artery injuries. He did the microsurgical repairs extremely quickly. I also got to see some post-op cases in Dr. Lee Dong Chul's clinic session. For dinner, as it was my last day in Seoul, they took me to 3 different restaurants to have really good Korean food and drinks. I learned that Koreans are extremely hospitable, and they can definitely drink a lot.

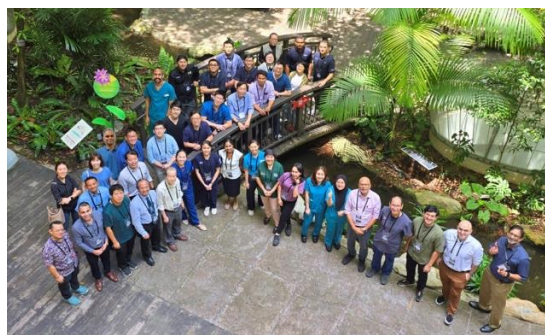
I had a very good experience during this trip and learned a lot from it. I'd like to take the opportunity to thank HKSSH and KSSH whole-heartedly for giving me the chance to have such a memorable time in South Korea. I'd also like to encourage all young fellows to apply for this program as it's really worth it.

2025 SSHS-HKSSH Ambassador Report - Dr. David Cheng Ka Wai, United Christian Hospital

It is my honor to have served as the SSHS-HKSSH Ambassador in 2025, a remarkable opportunity to immerse myself in Singapore's hand surgery practices. My journey coincided with the Combined Hand Surgery Summit held from 21–23 February, which included a specialized Peripheral Nerve Transfer and Forearm Fracture Course on the opening day. This report highlights the academic, clinical, and cultural insights gained during this enriching experience.

Cadaveric Course at Khoo Teck Puat Hospital

My trip commenced with the cadaveric course at Khoo Teck Puat Hospital, where I had the privilege of meeting Dr. Vaikun Than Rajarathnam, an honorary professor at the institution. Under the guidance of Dr. Rajarathnam and his team, I engaged in hands-on nerve transfer procedures, including the anterior interosseous nerve (AIN) to motor branch of the ulnar nerve transfer. The course also featured demonstrations of advanced techniques such as carpometacarpal joint replacement. As a higher orthopedic trainee, this immersive experience deepened my understanding of intricate surgical approaches and their clinical applications.



Combined Hand Surgery Summit at Singapore General Hospital

The second phase of my visit centered on the Combined Hand Surgery Summit hosted at the Singapore General Hospital Campus. Over two days, the summit featured three concurrent sessions comprising lectures, workshops, and presentations on cutting-edge advancements in hand surgery. I am grateful to Dr. Muntasir Mannan Choudhury, the Scientific Chair, for introducing me to the organizing committee and fostering collaborative discussions. During the research session, I presented my research on “New Subgroup Analysis of Wassel Type IV Thumb Polydactyly”, receiving constructive feedback from peers. The summit also offered valuable insights into emerging trends, developing innovation and training in hand surgery.



Networking and Cultural Exploration

Beyond academia, the summit facilitated meaningful networking through a dinner event attended by delegates from Thailand, Malaysia, Singapore, and beyond. Guest lectures during the dinner highlighted the evolution of hand surgery across Southeast Asia, underscoring regional challenges and breakthroughs. Additionally, I embraced Singapore's vibrant culture by exploring its iconic Gardens by the Bay on a cycling tour and savoring local cuisine recommended by Singaporean colleagues—a delightful blend of chili crab and laksa that showcased the city's culinary diversity.

This ambassadorship has profoundly enriched my professional perspective. The exposure to Singapore's surgical expertise, coupled with cross-cultural exchanges, has inspired me in my orthopedic training. Finally, I would like to extend my gratitude to all organizers who made this journey unforgettable and I wholeheartedly encourage aspiring hand surgeons to seize such opportunities in future.

2025 Lam Cho Yee Scholarship - Dr. Yeung Tsang, United Christian Hospital

It was my honor to be selected to receive the 2025 Lam Cho Yee Scholarship to attend the 2025 IFSSH and IFSHT Triennial Congress in Washington, D.C. This congress lasted for 5 days with multiple concurrent symposia and scientific paper sessions covering diverse topics in hand surgery. Including myself, nearly 20 Hong Kong surgeons and therapists traveled halfway across the globe to participate in this prestigious event.

From the sessions on fractures, I gained valuable insights from experts sharing techniques such as using K-wires to fix comminuted distal radius volar rim fragments, hook plates for small avulsion fractures at the phalanges, and percutaneous osteotomy with K-wire fixation for subcondylar fossa reconstruction in incipient malunion of phalangeal neck fractures in children. Particularly in the management of distal radius fractures, multiple speakers emphasized the importance of correcting coronal translation to tighten the distal oblique band of the interosseous membrane, thereby maintaining distal radioulnar joint stability.

The congress also covered established approaches to tendon reconstruction, including the hemilateral band technique for addressing gap defects in the extensor tendon distal end and the sagittal band reconstruction technique presented by Prof. Martin Franz Langer, offering practical insights for clinical application.

The congress provided an excellent opportunity to explore cutting-edge technology and innovation in hand surgery. I learned about a dual-mobility hemi-arthroplasty option for 1st carpometacarpal joint (CMCJ) osteoarthritis and commercially available processed human nerve allograft options for nerve defects.

One of the highlights of the congress was the Swanson Lecture delivered by Prof. Fu-Chan Wei on the topic "My 45-Year Journey in Microsurgery and Hand Surgery." Prof. Wei shared his pioneering reconstructive techniques, such as toe-to-finger transplantation and the fibula osteoseptocutaneous flap. He also highlighted the microsurgical fellowship at Chang Gung Memorial Hospital, which has trained many international surgeons who now lead microsurgery programs at institutions worldwide.

In addition to core topics such as fractures, tendon injuries, carpal instability, arthritis in hands and wrists, and brachial plexus injuries, an intriguing session on "Social Media in Hand Surgery" stood out. Speakers demonstrated how social media can serve as an effective tool for both patient and peer educations. Despite the potential of social media for patient education, the variability in the accuracy of online information poses a challenge, as patients may prefer personal stories over plain medical facts. Surgeons must therefore provide high-quality, engaging content that balances professionalism with relatability to effectively convey health information.

In conclusion, the 2025 IFSSH and IFSHT Triennial Congress was an enriching experience that broadened my knowledge and skills in hand surgery. The opportunity to learn from global experts, engage with innovative techniques, and explore the role of technology and social media in our field has inspired me to integrate these advancements into my practice. I am deeply grateful for the Lam Cho Yee Scholarship, which made this transformative experience possible, and I look forward to improving patient outcomes and contributing to the advancement of hand surgery in Hong Kong.





Organiser:
The Hong Kong Society for Surgery of the Hand

Supporting Organiser:
The Hong Kong Society of Rheumatology
The Hong Kong Society for Hand Therapy

Co-Organiser:
Tung Wah College



MULTIDISCIPLINARY SYMPOSIUM ON RHEUMATOLOGICAL HAND DISORDERS

Date: 6th July, 2025 (Sunday)

Venue: Tung Wah College
2/F Cheung Chin Lan Hong Building, 98
Shantung Street, Mongkok, Hong Kong

Registration Fees:

	Early Bird (before 1st June, 2025)	Regular
Symposium	\$200	\$300
Splint Workshop	\$200	\$300
USG Workshop	\$400	\$500

PROGRAM HIGHLIGHTS

9:00-12:15 **Symposium**

- Role of arthroscopy in rheumatoid arthritis patients
- Tendon Ruptures in rheumatoid arthritis patients: when to ring the bell?
- Joint replacement of hand and wrist for inflammatory arthritis
- Role of splintage for rheumatoid arthritis
- Current update of classification criteria and diagnostic difficulty in rheumatoid arthritis
- Advancement of medical treatment in rheumatoid arthritis and peri-operative drug management
- Use of Ultrasound in management of rheumatological disease



13:30-16:30

- **Ultrasound workshop**
- **Splint Workshop**

REGISTRATION



Refer to our website for more details

2025 APFSSH-APFSHT Biennial Congress
APWA-ISSH-SHTI Annual Congress
Mumbai, India
10th - 13th September, 2025 | The Westin Mumbai Powai Lake

<https://apfssh2025.com>

One of the early bird deadlines is 30th Apr 2025. It is not too late to join and register !

BSSH THE BRITISH SOCIETY FOR SURGERY OF THE HAND
Autumn Meeting
27-28 November 2025
Birmingham, UK

https://www.bssh.ac.uk/about/events/4738/bssh_autumn_scientific_meeting_2025

HKSSH would be the guest society of the BSSH Autumn Scientific Meeting 2025. All HKSSH members are welcome to join the meeting. For details please contact our secretary.

HKSSH-KSSH Ambassadorship 2025

The ambassadorship is now open for application! All HKSSH members are eligible to apply for it. The ambassadorship would include attendance of the 43rd Annual Congress of the Korean Society for Surgery of the Hand (KSSH) and a few days of hospital visits in local hospitals. Successful candidate would be able to attend the congress (with registration and hotel fees waived during the congress days). Other expenditure could be reimbursed up to a maximum of \$15000. Do not miss the opportunity to go abroad and learn more about hand surgery!

HKSSH Memberships

Memberships of HKSSH runs in biennial terms. The current term of membership is 2025-26. Please grasp the chance to be our member. You would be eligible to apply for various scholarships from our society once became our member, and could enjoy a discounted rate when applying for our certificate courses and congresses. For application details and payments, please refer to our website. You can now apply through our online application form. Full members are eligible to apply for Life Membership after they have been paid-up full members for at least 4 consecutive years. For life members, if you have changed your personal particulars eg email/phone number, please login to members' area to change your information or send an email to our secretariat at hksshsecretariat@gmail.com.

Useful Links:



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