



# NEWSLETTER

## Highlights

- New Council of HKSSH 2026-28
- APFSSH-FESSH Academy Foundation Course 4-6 March 2026 (Hong Kong)
- 38<sup>th</sup> HKSSH Annual Congress 7-8 March 2026
- 40<sup>th</sup> Anniversary of the Hong Kong Society for Surgery of the Hand
- HKSSH-SSHS Exchange Ambassadorship 2026 – Ambassador Report

## Upcoming

- The 1<sup>st</sup> Hong Kong Hand Small Joint Arthroplasty Cadaveric Workshop 27 June 2026
- USG-guided Surgery in Hand, Wrist and Elbow Cadaveric Workshop 28 June 2026
- HKSSH Hand Preparatory Course for FRCS Examination 2026
- The 64<sup>th</sup> National Congress of the Italian Society of Hand Surgery (Oct 2026)
- 2026 HKSSH-KSSH Exchange Ambassadorship (Oct 2026)

## The New Council of the Hong Kong Society for Surgery of the Hand 2026-28

In accordance with the Memorandum and Articles of Associations of HKSSH, the Annual General Meeting was held on 7 Mar 2026 at the Eaton Hotel, Hong Kong. The new council was elected as follows:

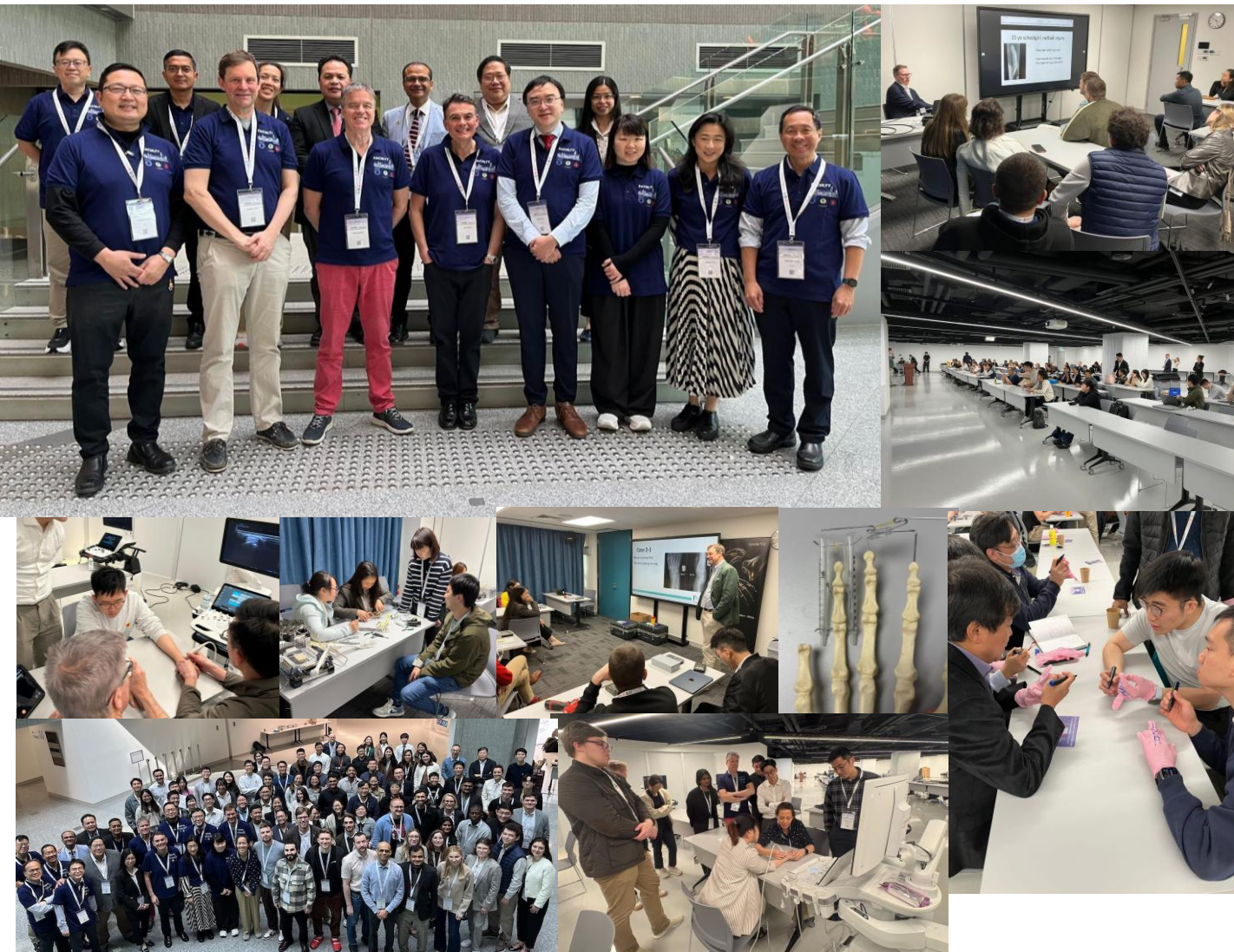
<b>President</b>	<b>Dr. YAU Leung Kai Edmund</b> Queen Elizabeth Hospital
<b>Vice-president</b>	Dr. YIP Ka Yan Emily Tuen Mun Hospital
<b>President-Elect</b>	Dr. FOK Woon Man Margaret Queen Mary Hospital
<b>Honorary Secretary</b>	Dr. LEE Syn Yuk Michelle Tseung Kwan O Hospital
<b>Honorary Treasurer</b>	Dr. CHOW Esther Ching San United Christian Hospital
<b>Council Member</b>	Dr. KOO Siu Cheong Jeffrey Justin Alice Ho Miu Ling Nethersole Hospital
<b>Council Member</b>	Dr. MAK Chu Kay Michael Prince of Wales Hospital
<b>Council Member</b>	Dr. LAM Yuk Yu Tuen Mun Hospital



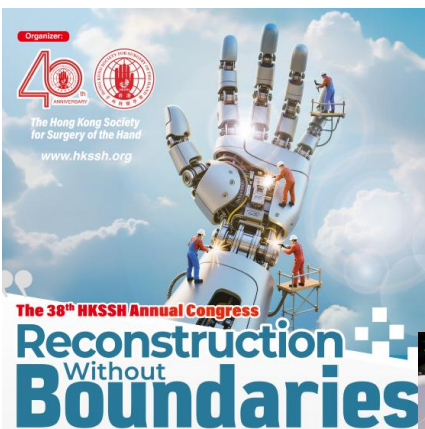
**APFSSH-FESSH Academy Foundation Course 4-6 March 2026 (Hong Kong)**



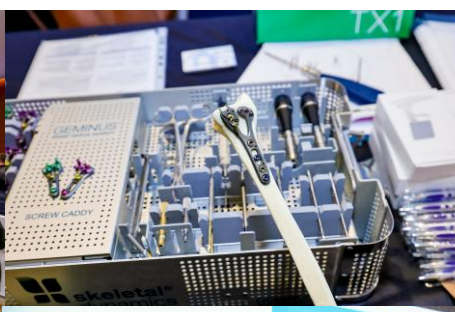
The three day course was successfully held on 4-6 March 2026 in Innocentre, Hong Kong. It covered a whole breadth of hand surgery topics with lectures, practicals and discussion groups. The feedback was awesome from the participants, the faculty as well as the organizing committee. Common day-in-day-out hand conditions, as well as rare but essential hand cases were covered. Discussions ranges from simple tendon repair to difficult reconstructions, congenital hand differences, traumatic bone, joint and soft tissue destruction and reconstruction, degenerative diseases of various hand and wrist joints, the use of ultrasound practically in diagnostic and therapeutic purposes ,hands on experience on ultrasound machines, fragment-specific implants, mounting of external fixator across finger joints etc were taught and ideas were exchanged between hand surgeons from different countries. Everyone benefitted from the course by contributing and discussing their innovations on these conditions.



**38<sup>th</sup> HKSSH Annual Congress 7-8 March 2026**



The 38<sup>th</sup> HKSSH Annual Congress was successfully held on 7-8 March 2026 in Eaton Hotel, Hong Kong. The theme was "Reconstruction Without Boundaries". This year celebrates the 40<sup>th</sup> Anniversary of HKSSH. We were honoured to have the British Society for Hand Surgery (BSH) as our guest society. There were various symposiums across two different halls at the hotel. Concurrent to the main lectures, running in parallel were workshops on elbow trauma and replacement, robotic microsurgery experience, as well as a wound workshop on negative pressure wound therapy. Surgeons, nurses as well as therapists, from local and overseas, all gave positive feedbacks at these sessions. The booklet celebrating the 40<sup>th</sup> Anniversary of HKSSH were given to all participants as a souvenir. It contains history of the society, photos of past events and messages from all Past Presidents, as well as notes from hand surgeons across different generations. For members who wish to own a copy, please email our secretariat and provide a valid mailing address. We can post them to you on demand.



## HKSSH-SSHS Exchange Ambassadorship 2026 Report – Dr WONG Tin Long Calvin

From 29 to 31 January 2026, I had the privilege of attending the Singapore Society for Hand Surgery (SSHS) Hand Review Course and Annual Scientific Meeting in Singapore as the ambassador of the Hong Kong Society for Surgery of the Hand (HKSSH). The meeting, held at VOCO Orchard under the theme “Shaping Tomorrow, Guided by Legacy”, brought together regional experts to share updates across the breadth of hand and upper limb surgery.

### ***Day 1 – Comprehensive Hand Review Course***

The Hand Review Course on 29 January provided an intensive, structured overview of core topics in hand surgery, delivered by a distinguished faculty of hand surgeons from across Singapore. The programme systematically covered trauma and microsurgery, wrist disorders, arthritis, nerve injuries, congenital differences, infection, and tumours, integrating current evidence, practical tips, and case-based discussion. As a trainee, I found the course particularly valuable in consolidating foundational knowledge while highlighting contemporary best practices that are directly applicable to daily clinical work.

### ***Day 2 – Scientific Meeting and Oral Presentation***

The Annual Scientific Meeting on 30 January featured a full day of plenary talks, “How I do it” technical sessions, emerging technologies, and free paper sessions under the meeting theme “Shaping Tomorrow, Guided by Legacy”. I was honoured to present my study in the oral presentation session and was deeply grateful to be awarded first place in the oral presentation category. The standard of research from regional colleagues was very high, spanning basic science, clinical outcomes, innovation in techniques, and new technologies such as artificial intelligence and 3D printing in hand surgery.

One of the most memorable components of the second day was the “My Most Challenging Case Ever” session, where senior surgeons shared their most complex and humbling cases. They carefully dissected the clinical problems, outlined the decision-making process, and openly discussed intraoperative challenges and complications, as well as how they navigated these difficulties. This candid sharing of first-hand experience and surgical judgment was particularly inspiring, underscoring the importance of meticulous planning, adaptability, and lifelong learning in hand surgery.



### ***Day 3 – Upper Limb Anatomy Dissection Course***

On 31 January, I was also invited to join the 1-Day Upper Limb Anatomy Dissection Course at the Academia, Singapore General Hospital. The course, directed by Dr Lam Wee Leon and a faculty of experienced upper limb surgeons, provided stepwise demonstrations from the brachial plexus and shoulder girdle down to the wrist and hand, with emphasis on surgically relevant anatomy, nerve compression sites, and approaches for complex reconstructive procedures. It was an invaluable opportunity to revise anatomy in three dimensions, correlate it with surgical approaches, and better appreciate the anatomical basis for tendon transfers, nerve transfers, flap design, and joint reconstruction.

### ***Reflections and Acknowledgements***

This visit was academically enriching and personally inspiring. It showcased the strength of the Singapore hand surgery community and the value of regional collaboration in advancing our specialty. I am deeply grateful to the SSHS for the invitation and for designing a programme that catered thoughtfully to both junior and senior clinicians.

I would like to express my heartfelt thanks to Dr Robert Yap, Dr Lam Wee Leon, Dr Bernice Heng, Dr Chung Sze Ryn, Dr Abby Choke and Mr Joshua Wong for their warm hospitality and meticulous care throughout my stay in Singapore. Their efforts—from the scientific programme to the informal interactions—made this a truly memorable and formative experience. I look forward to continued collaboration between HKSSH and SSHS, and to sharing the knowledge and perspectives gained from this trip with our colleagues at home.



**UPCOMING  
EVENTS**

**CADAVERIC WORKSHOP**

**1<sup>ST</sup> HONG KONG HAND  
SMALL JOINT  
ARTHROPLASTY  
WORKSHOP**

27 June 2026 8:00am-5:00pm  
Orthopaedic learning centre,  
Prince of Wales Hospital



Organised by HKSSH

**1<sup>ST</sup> CADAVERIC  
WORKSHOP EVER  
IN ASIA-PACIFIC!**

Have chance to learn from the  
experts of small joint arthroplasty

Course director:  
Koo Siu Cheong, Jeffrey Justin



**Daniel Herren**

Department Head of  
Hand Surgery,  
Schulthess Klinik  
Zurich, Switzerland



**Eva Maria Baur**

Practice for Plastic and Hand  
Surgery - Murnau  
Head of Department of Plastic  
and Hand Surgery - Penzberg  
Murnau, Germany

**REGISTER NOW!**

Scan QR code or through the  
link below to register now!  
[https://docs.google.com/forms/d/e/1FAIpQLSd1FfZnTePCtP8o9v36UUnA3P7NwviwBCo\\_19J9Hjd-uEEqg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSd1FfZnTePCtP8o9v36UUnA3P7NwviwBCo_19J9Hjd-uEEqg/viewform)



**USG-guided  
Surgery in  
Hand, Wrist,  
and Elbow**

A Cadaveric Workshop  
on Sono-Surgery

**DATE**  
28 June 2026

**TIME**  
0830 - 1300

**VENUE**  
Orthopaedic Learning Centre,  
Prince of Wales Hospital

**COURSE DIRECTOR**  
Dr. Michael Mak

**COURSE ADVISOR**  
Prof. Law Sheung Wai

**INVITED FACULTY**

Prof. Yasuaki Nakanishi, Nara Medical University, Japan  
Dr. Alex Ng, Hong Kong

ORGANIZED BY



SUPPORTED BY



Registration google link:

[https://docs.google.com/forms/d/e/1FAIpQLSd1FfZnTePCtP8o9v36UUnA3P7NwviwBCo\\_19J9Hjd-uEEqg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSd1FfZnTePCtP8o9v36UUnA3P7NwviwBCo_19J9Hjd-uEEqg/viewform)

Registration QR code  
for USG Workshop:



We are pleased to announce that the first Hong Kong Small Joint Arthroplasty Cadaveric Workshop would be held in The Orthopaedic Learning Centre (OLC) in Prince of Wales Hospital on 27 June 2026. We are happy to have invited renowned and experienced surgeons in this yield to share their experience on CMCJ Arthroplasty in the Workshop. Announcement would be sent to all members. Registration is First-come-first serve via the above QR code/google link. Your seat would not be secured until the registration and payment are confirmed. On Sunday 28 June 2026, there would be another cadaveric workshop, focusing on sono-surgery on the hand, wrist and elbow. Please do not miss the opportunity to gain hands-on experience on these procedures!

## UPCOMING EVENTS



The 64th National Congress of the Italian Society of Hand Surgery, titled "Hand Surgery and Microsurgery: The Evolving Hand", will take place in Verona from 15 to 17 October 2026/ HKSSH would be one of the guest societies. We would like to invite all HKSSH members to participate in the congress. The registration fees and congress dinner would be covered for all HKSSH delegates. Please do not hesitate to show your interest and join the congress. Interested parties please contact our secretary with your preferred topic of presentation and CV.

More details:

<https://www.giuliettaeromeo.it/en/events/64-national-congress-sicm-2026-verona>

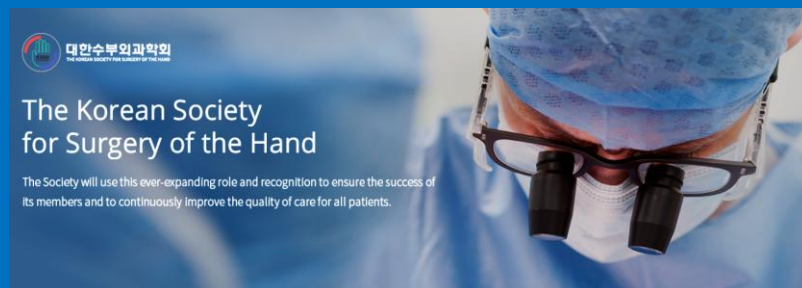
Simulated Viva Sessions

Topics - All you need to know

## HKSSH Hand Preparatory Course for FRCS Exam



Please refer to our website for further announcement



Korean Society for Surgery of the Hand - 44th Annual Congress would be held in CHA BIO Complex on 31 Oct 2026 to 1 Nov 2026. Details concerning the congress, as well as HKSSH-KSSH Ambassadorship would be announced in due course to all members via email. Interested parties, please stay tuned to announcement in our website.

## HKSSH Memberships

Memberships of HKSSH runs in biennial terms. The current term of membership is 2025-26. Please grasp the chance to be our member. You would be eligible to apply for various scholarships from our society once became our member, and could enjoy a discounted rate when applying for our certificate courses and congresses. For application details and payments, please refer to our website. You can now apply through our online application form. Full members are eligible to apply for Life Membership after they have been paid-up full members for at least 4 consecutive years. For life members, if you have changed your personal particulars eg email/phone number, please login to members' area to change your information or send an email to our secretariat at [hksshsecretariat@gmail.com](mailto:hksshsecretariat@gmail.com).

### Useful Links:



<https://www.hkssh.org>



<https://www.apfssh.net>



<https://www.ifssh.info>